





WELLNESS  
MEETS WANDERLUST

## JW VENICE SPA

JW Venice Spa inspires and guides guests towards a healthier lifestyle through the promotion of self-discovery. Our concepts merge holistic treatments and the healing attributes of water with comprehensive fitness facilities.

JW Venice Spa specializes in evidence-based, results-focused treatments. We promote both physical and mental health through a wide variety of holistic and technology wellness experiences.

## SHUTTLE BOAT

Arrive in Style at the JW Venice Spa through our complimentary shuttle boat service from the private JW Marriott dock in St. Mark's Square, in front of the Giardinetti Reali.

The shuttle boat commences 09.00am daily and operates on a regular basis to and from our island. The pleasant ride across the lagoon is the perfect start to your luxurious spa day experience

## PARTNERS

For the ultimate in pampering and relaxation, JW Venice Spa has partnered with some of the world's leading skin care brands, Aromatherapy Associates (AA) & QMS. Each partnership offers unique benefits that allow our experienced Spa Therapist Team to tailor an experience that is as individual and unique as you and your lifestyle.

## HEAT & WATER EXPERIENCES

Enjoy breathtaking views of the historic Venetian skyline while floating effortlessly in our stunning vitality pool that stimulates the senses and allows your mind to wander.

Set within an expansive pitched-roof structure and bathed in natural light, our heat and water facilities allow a truly bespoke spa experience either as part of a treatment journey or as a treatment experience in itself.

Complemented by elegant design, our facilities incorporate a vitality pool with air and water massage stations, experiential showers, a bio-sauna, a hammam with private scrub room, a Finnish sauna with salt therapy and loungers for indoor and outdoor relaxation.

## DAY SPA

JW Venice Spa offers a wide range of day spa experiences for our Resort's and external guests.

Day Spa access includes full use of the heat & water facilities at the Spa including vitality pool, fitness room and relaxation zones. Robes, slippers and towels are provided for your comfort throughout the day.

Our full range of Day Spa services are available in our menu & tariff .



## WELLNESS

Revitalize your mind and body at the Fitness Room and discover the pleasure of a luxurious haven where a unique wellness experience awaits. JW Venice Spa offers a fully equipped fitness center with state-of-the-art cardiovascular and training systems by Technogym.

## COUPLE SPA SUITE

Retreat into the luxury of our Spa Suite, conceived as a secluded corner for couple massages and treatments. The Spa Suite is designed as an added luxurious dimension to your spa experience, perfectly designed for couples and friends who wish to enjoy treatments and added time together in the private garden terrace

## TREATMENTS

Treatment-only services are available to all our valued guests. Day Spa access may be reserved additionally to treatment services, if you wish to reserve access to the spa in addition to your treatment we would recommend booking in advance.

Walk in day spa and treatment services are subject to availability. Our full range of Day Spa and treatment services are available on our spa tariff.

## SIGNATURE TREATMENTS

### ULTIMATE AROMATHERAPY EXPERIENCE by A.A.

This globally-renowned massage starts with a consultation to find out what your emotional and physical needs are, followed by an aroma consultation to allow you to choose the oil most suitable for you. A bespoke treatment to release tension and stress by concentrating on the back, legs, neck, shoulders, and abdomen. The treatment includes a facial and scalp massage for total relaxation.

### VENICE BY DAY

Specifically designed to allow our guests to enjoy the benefits of the locally sourced olive oil, this exfoliating treatment is made from our very own olive oil, extracted from the olive grove of Isola delle Rose. Sea salt is used to gently exfoliate the skin by removing dead cells, olive oil nourishes it deeply for a radiant and uplifted result. In addition, the treatment is enhanced by the choice of fragrances extracted from herbs grown in the gardens of the island.

## MASSAGES

### AROMATHERAPY CUSTOM BLEND BY A.A

This massage starts with a consultation to discover what your emotional and physical needs are, followed by an aroma consultation to allow you to choose the oil most suitable for you. A bespoke treatment to release tension and stress by concentrating on the back, legs, neck, shoulders, and abdomen.

### CLASSIC BALANCE BY A.A.

A relaxation massage designed to alleviate discomfort to leave you calm & centered.

### INTENSE MUSCLE RELEASE BY A.A.

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles to release pain and tension using blends of black pepper, ginger and lavender. Targets back, legs, arm, neck and shoulders.

### HOT STONE

A powerful combination of the healing properties of hot stones used on major muscle groups, together with deep tissue massage restoring physical balance and wellbeing. Heat from the stones relaxes sore muscles, allowing the therapist to focus on relieving deep-seated tension through isolated bodywork.

### ULTIMATE PREGNANCY BY A.A. (FROM 14TH WEEK)

Choose from a selection of three oils each safely formulated to be used during pregnancy to nourish and care from top to toe. Features a traditional aromatherapy pressure point massage for the upper back with particular attention to tight shoulders, this massage helps to relieve stress and tension. Includes legs, full scalp and facial massage, with treatment oil chosen specifically for your skin type.

## FACIALS

### ULTIMATE AROMATHERAPY FACIAL BY A.A.

A bespoke facial, designed to suit your individual skin needs for glowing skin. Features a professional cleanse, exfoliation, steam and a combination of targeted essential oil blends and plant extracts are applied with specifically designed massage techniques. A restorative mask leaves the complexion luminous and energised. For added luxury, the 80 minute treatment includes a back massage.

### DEEP CLEANSE FACIAL BY A.A. (HOT TOWEL COMPRESS & EXTRACTION)

This is a treatment to tone, refresh and revitalize, leaving the complexion bright and radiant. Refine and freshen oily and combination skin with this balancing facial based on essential oil of neroli and orange flower water. Includes massage of scalp, face, neck and décolleté.

### AGE REPAIR FACE AND EYE TREATMENT BY A.A.

For a firm, plumped and more youthful looking complexion for the face, décolleté and eye contours. This repairing and anti-ageing facial works with natural oils to stimulate collagen and help deliver firm and tightened skin. Includes extensive massage on the face, scalp, neck, décolleté and specialized eye contour techniques. For added luxury, the 80 minute treatment includes a back massage.

### SKIN CELL RENEWAL BY !QMS

An exceptionally restorative facial developed to support your skin's stem cells, enhance the stimulation of new skin cells and improve your overall skin metabolism. Featuring the revolutionary moisturizer, Ion Skin Equalizer, this high-impact treatment will help to repair your extracellular matrix, reduce pigmentation and leave your skin visibly smoother.

## BODY WRAPS & SCRUBS

### LIFT & TONE BY !QMS

An intensely stimulating facial, using a unique thermal-active and revitalizing mask that has been specially designed to stimulate microcirculation, will give your skin an instant boost, leaving it visibly smoother. Styled to combat the signs of ageing, this firming and toning treatment is especially beneficial for more mature skin.

### PURE OXYGEN BY !QMS

This is a highly rejuvenating facial that is designed to deliver a boost to your skin's energy and vitality. The ingredients are channeled more effectively and intensively into the skin through the use of !QMS' customized advanced beauty cosmetic Oxygen Concentrator. The improved oxygen supply will encourage circulation and stimulate a regenerative process, leaving you with immediately enhanced skin that feels firm, smooth and radiant.

### ULTIMATE SCRUB AND WRAP BY A.A.

(choose from Renewing or Nourishing)

Bring back your radiance with this comforting and restorative treatment designed to rejuvenate dry, out-of-condition skin. Includes intensive body exfoliation followed by layer locking on deeply hydrating gel with moisturising and cocooning mix of oil and cream. An Ayurvedic scalp massage dissolves tension and stress so that mind and body are nourished and rejuvenated.

### ULTIMATE DETOX REVIVER BY A.A.

This invigorating treatment is specifically designed for those looking for an intensive body detox. Features a trilogy of full body brushing, exfoliation and remineralizing mud mask as well as foot reflex massage. The perfect therapy when you are dieting, feeling sluggish and lacking energy.

### HAMMAM RITUAL

Carried out in our dedicated Hamman wet suite this traditional cleansing experience consists of a black soap wash and a rough loofah body scrub to leave the body cleansed and invigorated.



## MEN'S SERVICES

### AROMATHERAPY CUSTOM BLEND BY A.A.

This massage starts with a consultation to explore what your emotional and physical needs are, followed by an aroma consultation to allow you to choose the oil most suitable for you. A bespoke treatment to release tension and stress by concentrating on the back, legs, neck, shoulders, and abdomen.

### INTENSE MUSCLE RELEASE BY A.A.

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles to release pain and tension using blends of black pepper, ginger and lavender. Targets back, legs, arm, neck and shoulders.

### ULTIMATE AROMATHERAPY EXPERIENCE BY A.A

This globally-renowned massage starts with a consultation to discover what your emotional and physical needs are, followed by an aroma consultation to allow you to choose the oil most suitable for you. A bespoke treatment to release tension and stress by concentrating on the back, legs, neck, shoulders, and abdomen. The treatment includes a facial and scalp massage for total relaxation.

### HOT STONE MASSAGE

A powerful combination of the healing properties of hot stones used on major muscle groups, together with deep tissue massage restoring physical balance and wellbeing. Heat from the stones relaxes sore muscles, allowing the therapist to focus on relieving deep-seated tension through isolated bodywork.

### DEEP CLEANSE FACIAL BY A.A. (HOT TOWEL COMPRESS & EXTRACTION)

This is a treatment to tone, refresh and revitalize, leaving the complexion bright and radiant. Refine and freshen oily and combination skin with this balancing facial based on essential oil of neroli.



# FINISHING TOUCHES

## CLASSIC MANI-CARE

Each nail is analyzed and treated for their specific type. Treatment includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

## SEMI PERMANENT MANI-CARE / PRO NAILS

The treatment begins with the Exfoliant Fluid, a peel of fruit acids and enzymes which dissolves dead skin cells and stimulates new cell production. Nails and cuticles are groomed, and Collagen Gel is applied to improve the skin's appearance by delivering long-lasting hydration. A relaxing hand and arm massage with the hydrating Hand Cream is then followed to nourish the skin while soothing sore muscles and joints.

## CLASSIC PEDI-CARE

Each nail is analyzed and treated for their specific type. Treatment includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

## SEMI PERMANENT PEDI-CARE / PRO NAILS

A perfect treat for your feet. Exfoliant Fluid, Collagen and Hydrating Cream are applied to your feet and lower legs, nurturing your skin and leaving your feet soft, velvety and more youthful. Includes soak, callous removal, cuticle care, foot and leg massage, nail trimming, filing and polish.

## FILE & POLISH

## WAXING

We provide a wide range of waxing services in a quiet and comfortable environment that allows you to fully relax during your treatment. Our high-quality hard and soft waxes have been carefully selected by our expert team, ensuring that your skin is left feeling refreshed and renewed.

**MAKE-UP AND HAIRDRESSING SERVICES** are available by advanced booking only. Services are provided by our most trusted and experienced selected external partners.





# DAY SPA

## COMPLETE DAY SPA & WELLNESS PACKAGES

Your Complete Day Spa & Wellness experience includes access to the fitness room, vitality pool, sauna, bio-sauna, indoor and external relaxation areas, combined with a treatment at your choice from the below list. As a perfect finishing touch, a glass of Prosecco with healthy accompaniment is served in the Spa gardens. Robe, slippers and towels are provided for the duration of your day.

## CALM

Classic Balance Massage OR Aromatherapy Facial by A.A.

## REFRESH

Signature Ultimate Aromatherapy Experience

## REVIVE & HYDRATE

Revive Scrub  
Revive Massage  
Discovery Facial

## COUPLES SPA EXPERIENCE

The setting is especially romantic, with private waterside deck and outdoor showers facing the Venetian lagoon, our couples suite and package options are tailored as an added luxurious dimension to your spa experience, perfectly designed for couples and friends who wish to enjoy treatments and added time together.

## ULTIMATE SPA DAY

Ultimate Aromatherapy Massage  
Ultimate Aromatherapy Facial  
Deluxe Manicure or Pedicure

# HOW TO SPA

## WHAT SHALL I WEAR?

Spa guests will feel most comfortable going into treatments with their robe over their swimwear. During treatments our therapists are trained to observe client modesty at all times, swimwear or underwear must be worn or disposable slip can be provided for your use. Robes, towels and slippers are provided for your convenience and comfort in the spa lounge. Suitable clothing and clean footwear (trainers or gym shoes) are required when using the Fitness Room. We strongly advise that no jewelry be worn at any time while using the spa or relaxing within the spa area.

## HOW DO I CHOOSE MY TREATMENTS?

We offer a menu to pamper, relax and revive the body. Our Therapists can help you select those treatments that are most appealing and beneficial to you.

## TREATMENT CONSULTATIONS

Our consultations are confidential and complimentary and are included within the treatment time experience. Please notify us on booking if you have any allergies or medical concerns that may prevent us undertaking the treatment. Some treatments are not suitable for certain medical conditions, in such cases an alternative treatment will be offered by your therapist.

## TREATMENT ONLY ARRIVAL

We kindly ask that you arrive at the spa reception 30 minutes before your appointment time to enable you to relax and complete a consultation form. We offer our guests a reliable treatment schedule, please appreciate that late arrivals may not receive an extension of scheduled treatment time.

## DAY SPA & WELLNESS PACKAGE ARRIVAL

If you have booked a Wellness Day or overnight package we recommend that you arrive at the spa reception at least 60 minutes prior to your scheduled appointment. Using the vitality pool before your treatment will allow you to reach optimum relaxation and gain the full benefit of your spa experience.

## YOUNG ADULTS & TREATMENTS SERVICES

You must be over 18 years to book the full range of treatments. Young adults aged 16 and 17-years may receive manicure, pedicure, taster facial treatments and limited spa day packages. Please ask for full details on booking. Young adults aged 16 and 17-years are not permitted to receive any massage or massage based treatments. Children aged 15 and under may only book manicure and pedicure services whilst accompanied by a responsible adult. Children aged 15 and under are not permitted to book any wellness spa day experiences.

## WHAT IF I AM PREGNANT?

Please notify us if you are pregnant when booking your treatments.

## RESERVATIONS

Credit card details are required at the time of booking to guarantee your appointment. We advise guests to arrive at least 30 minutes prior to the appointment. Arriving late may mean we may be unable to accommodate the full treatment experience, in such circumstances we are unable to provide a refund. Booking in advance is highly recommended, subject to availability walk-in services are also available. All prices, treatments, Wellness Days and information are correct at time of distribution and are subject to change without notice.

## CANCELLATIONS

As a courtesy to our therapists and other guests we kindly ask for at least 24 hours notice to cancel or reschedule your booking. Groups of 5-9 are required to provide 48 hours notice. In the event of late cancellation you will be charged the full amount of the package or treatment.

#### CONTINUE YOUR EXPERIENCE AT HOME

As part of your complete experience, our trained Therapists will gladly recommend a skin care routine to enable you to continue the benefits of your treatment at home. Our products are available to buy directly from the Spa.

#### GIFT VOUCHERS

Gift vouchers are available at a variety of monetary values and for any treatment or package; these can be purchased from the Spa reception. Vouchers are an ideal way of solving those 'what-to-buy dilemmas' for that special occasion, an anniversary surprise, birthday treat or just because you care!

#### PEACE OF MIND AND COURTESY

We endeavor to provide you with a tranquil, relaxing and reviving environment. We therefore request that you respect the needs of fellow clients by leaving your mobile phone and other electronic items on silent. Smoking is not permitted in any area of the spa, spa gardens or spa relaxation area. A designated smoking area is provided nearby.

#### SPA RESERVATIONS

JW Venice Spa is open 7 days a week.

To reserve your spa wellness or treatment package contact our spa reservations team:

JW Venice Spa: +39 041 852 1342

JW Marriott Venice: +39 041 852 1300

E-mail: [jwspa.venice@jwmarriotthotels.com](mailto:jwspa.venice@jwmarriotthotels.com)

Online Booking: [jwvenice.com](http://jwvenice.com)



